

EAT SMART

WRAPS+SAMMIES

Classic Sandwiches  	from \$3.00
Gourmet Sandwiches  	\$5.50
1/2 Wrap  	\$4.00
Whole Wrap  	\$7.00
Roll <i>Ham, Beef, Chicken or Vege</i>  	from \$5.50
Crispy Chicken Roll	\$3.60
Butter Chicken Wrap 	\$5.00

EAT SMART SALADS

Freshly made Eat Smart salads are available daily.  

Also see the Pasta & Rice category for full list of pasta salads.



BLACKBOARD SPECIALS

New food, special deals and more! Ask our friendly staff at the tuckshop what the **Blackboard Special** of the day is!



PASTA & RICE



Tuna Pasta 	\$4.00
Italian Pasta  	\$4.00
Pesto Chicken Pasta 	\$5.00
Teriyaki Chicken <i>on Rice</i> 	\$5.50
Butter Chicken <i>on Rice</i> 	\$5.50
Sushi 	from \$4.00

THE CLASSICS

Hash Brown 	\$1.00
Chicken Tender	\$2.00
Garlic Bread <i>Plain or Cheesy</i> 	from \$2.20
Popcorn 	\$2.20
Wedges 	\$3.00
Hot Dog	\$3.50
Cheese Burger	\$4.00
Chicken Burger	\$5.50

See the fridges and cabinets at the tuckshop for the full selection available and ask about our gluten free options!

Don't forget to ask for your free fruit with purchase!